BEGINNING DAILY ROUTINE

For Trombone, Euphonium (Baritone) and BBb Contrabass Tuba

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One of the most important parts of any brass player's day is work dedicated to developing and improving the "fundamentals" of playing. The following is an example of the types of exercises a beginning low brass player should be working on. Much of this routine comes from the teachings of Professor Buddy Baker (University of Northern Colorado) . I would like to thank two of Professor Baker's students, Mark Aderman and Professor Nick Keelan (Lawrence Conservatory) for exposing me to many of the exercises in this routine.

Practice all of these exercises with a metronome!

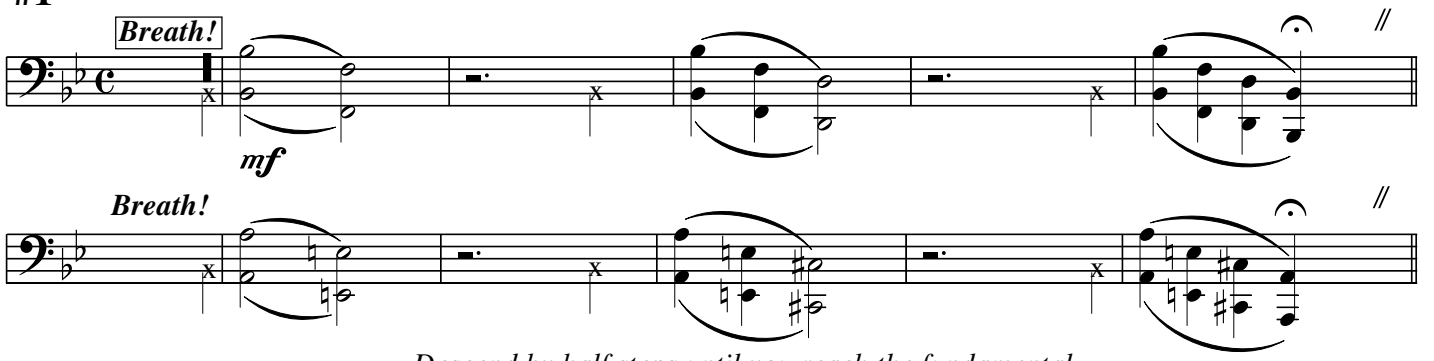
Your "first note" should be a quarter note inhalation thinking "OH," "HOE" or "WOE."

(The upper notes are for Euphonium/Trombone and the lower notes are for Tuba)

Slurs

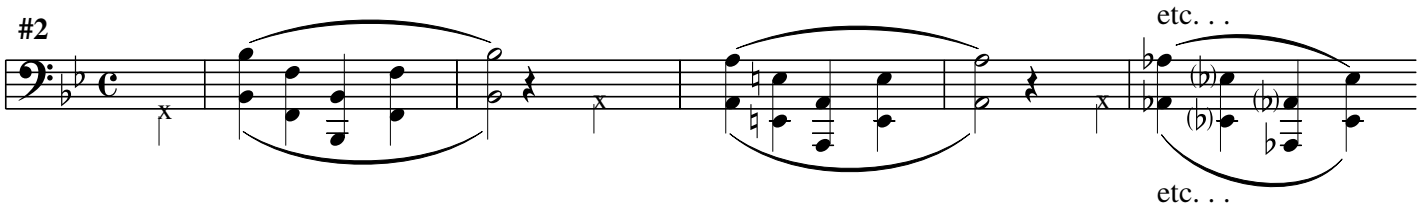
I often find it helpful to practice lip slurs with no articulation or a "breath articulation." Experiment using a "breath articulation" from time to time.

#1 ♩ **=60** (Goal ♩ **=80**)



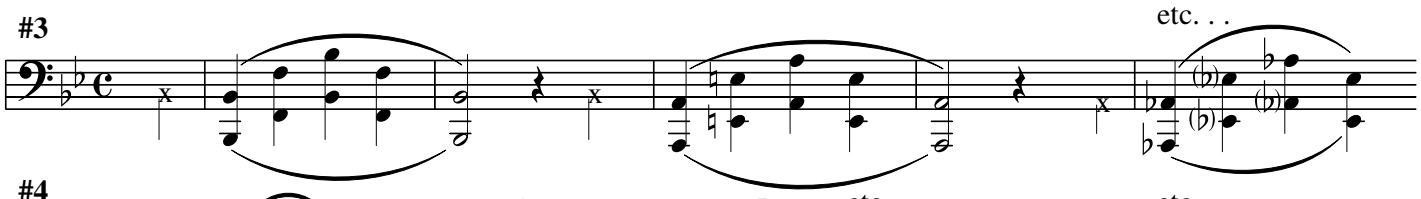
Descend by half steps until you reach the fundamental

#2



(Descend by half steps until you reach E)

#3



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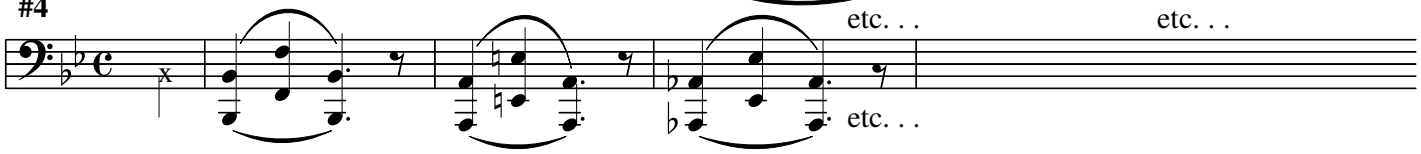

#5

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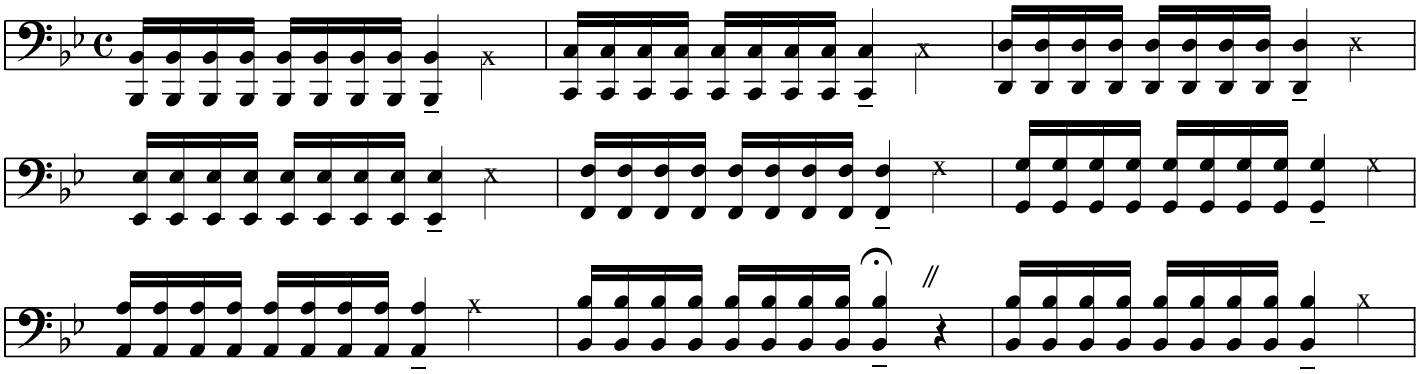
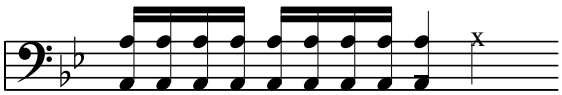
"Tonguing and Scale Practice"

Practice this exercise using different scales!!!

Practice the sixteeth notes in this exercise with a variety of articualtions.
For the "true" beginner legato and stacatto will suffice. Tempi will vary from player to player.

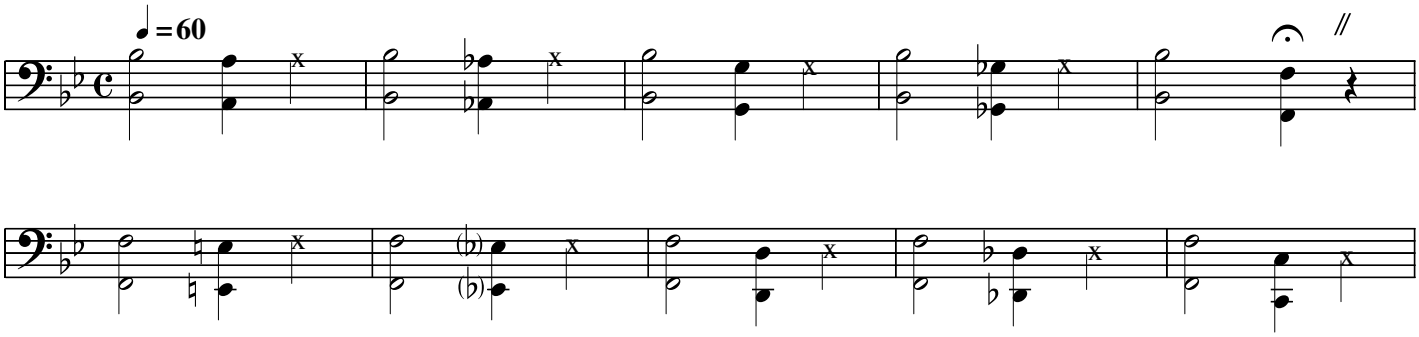


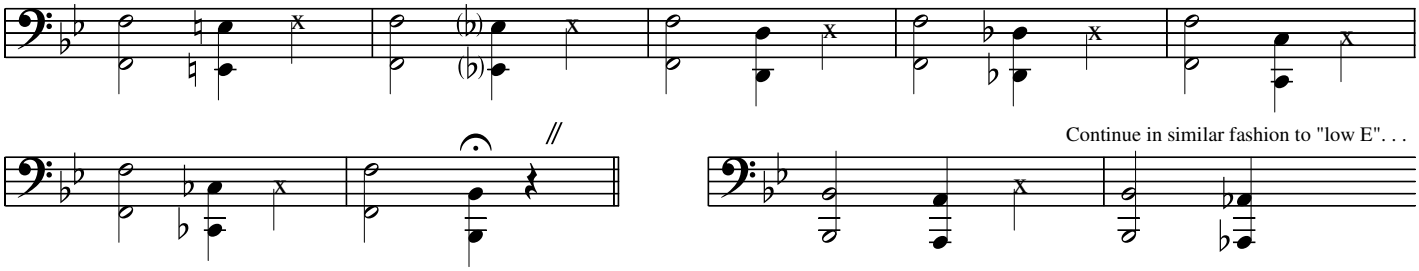
Descend down the scale until you reach the tonic . . .



"Remmington Exercise" *Inspired by Emory Remmington*

When you first start practicing this exercise use a legato articulation.
As you progress, experitment with different ranges, note values, and articulatuions.

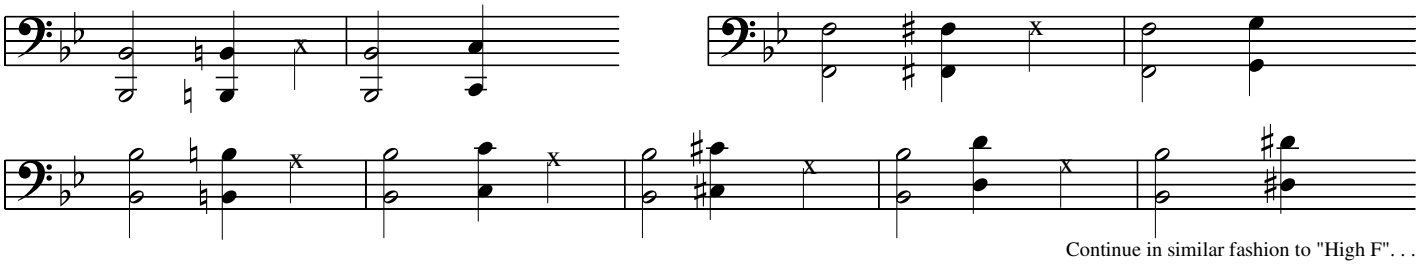




Continue in similar fashion to "low E". . .

Continue in similar fashion to F. . .

Continue in similar fashion to "middle Bb". . .



Continue in similar fashion to "High F". . .

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